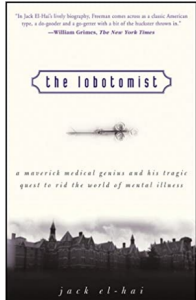
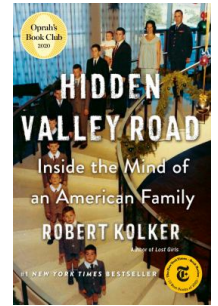


BioEthics on the Page: *Hidden Valley Road*

Further Reading

NonFiction

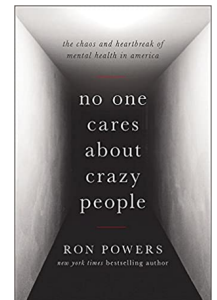


The Lobotomist: a Maverick Medical Genius and His Tragic Quest to Rid the World of Mental Illness by Jack El-Hai

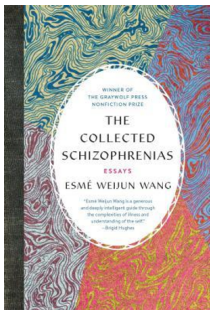
The Lobotomist explores one of the darkest chapters of American medicine: the desperate attempt to treat the hundreds of thousands of psychiatric patients in need of help during the middle decades of the twentieth century. Into this crisis stepped Walter Freeman, M.D., who saw a solution in lobotomy, a brain operation intended to reduce the severity of psychotic symptoms. Drawing on Freeman's documents and interviews with Freeman's family, Jack El-Hai takes a penetrating look at the life and work of this complex scientific genius.

No One Cares About Crazy People: the Chaos and Heartbreak of Mental Health in America by Ron Powers

From the centuries of torture of "lunatics" at Bedlam Asylum to the infamous eugenics era to the follies of the anti-psychiatry movement to the current landscape in which too many families struggle alone to manage afflicted love ones, Powers limns our fears and myths about mental illness and the fractured public policies that have resulted.



Braided with that history is the moving story of Powers's beloved son Kevin--spirited, endearing, and gifted--who triumphed even while suffering from schizophrenia until finally he did not, and the story of his courageous surviving son Dean, who is also schizophrenic.

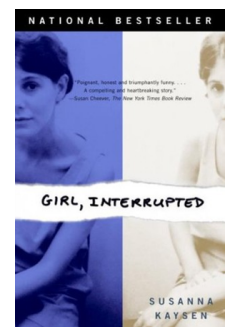


The Collected Schizophrenias: Essays by Esmé Weijun Wang

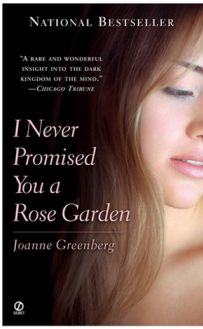
An intimate, moving book written with the immediacy and directness of one who still struggles with the effects of mental and chronic illness, *The Collected Schizophrenias* cuts right to the core. Schizophrenia is not a single unifying diagnosis, and Esmé Weijun Wang writes not just to her fellow members of the "collected schizophrenias" but to those who wish to understand it as well. In essays that range from using fashion to present as high-functioning to the depths of a rare form of psychosis, and from the failures of the higher education system and the dangers of institutionalisation to the complexity of compounding factors such as PTSD and Lyme disease, Wang's analytical eye, honed as a former lab researcher at Stanford, allows her to balance research with personal narrative. An essay collection of undeniable power, *The Collected Schizophrenias* dispels misconceptions and provides insight into a condition long misunderstood.

Girl, Interrupted by Susanna Kaysen

In 1967, after a session with a psychiatrist she'd never seen before, eighteen-year-old Susanna Kaysen was put in a taxi and sent to McLean Hospital. She spent most of the next two years on the ward for teenage girls. Kaysen's memoir encompasses horror and razor-edged perception while providing vivid portraits of her fellow patients and their keepers. It is a brilliant evocation of a "parallel universe" set within the kaleidoscopically shifting landscape of the late sixties. *Girl, Interrupted* is a clear-sighted, unflinching document that gives lasting and specific dimension to our definitions of sane and insane, mental illness and recovery.



Fiction

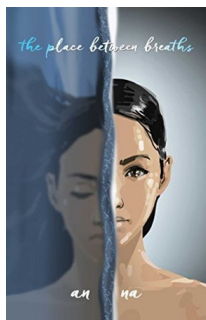
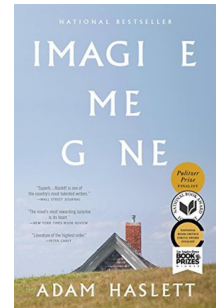


I Never Promised You a Rose Garden by Joanne Greenberg

The story of a sixteen-year-old who retreats from reality into the bondage of a lushly imagined but threatening kingdom, and her slow and painful journey back to sanity.

Imagine Me Gone by Adam Haslett

When Margaret's fiancé, John, is hospitalized for depression, she faces a choice: carry on with their plans, or back away from the suffering it may bring her. She decides to marry him. What follows is the unforgettable story of what unfolds from this act of love and faith. At the heart of it is their eldest son, Michael, a brilliant, anxious music fanatic, and the story of how, over the span of decades, his younger siblings—the responsible Celia and the tightly controlled Alec—struggle along with their mother to care for Michael's increasingly troubled existence.



The Place Between Breaths by An Na

Sixteen-year-old Grace is in a race against time—and in a race for her life—even if she doesn't realize it yet... She is smart, responsible, and contending with more than what most teens ever have to. Her mother struggled with schizophrenia for years until, one day, she simply disappeared—fleeing in fear that she was going to hurt herself or those she cared about. Ever since, Grace's father has worked as a recruiter at one of the leading labs dedicated to studying the disease, trying to lure the world's top scientists to the faculty to find a cure, hoping against hope it can happen in time to help his wife if she is ever found. But this makes him distant. Consumed. Grace, in turn, does her part, interning at the lab in the gene sequencing department in hopes that one day they might make a breakthrough...and one day they do. Grace stumbles upon a string of code that could be the key. But something inside of Grace has started to unravel. Could her discovery just be a cruel side effect of the schizophrenia finally taking hold? Can she even tell the difference between what is real and what isn't?

Reality Boy by A.S. King

Gerald Faust knows exactly when he started feeling angry: the day his mother invited a reality television crew into his five-year-old life. Twelve years later, he's still haunted by his rage-filled youth—which the entire world got to watch from every imaginable angle—and his anger issues have resulted in violent outbursts, zero friends, and clueless adults dumping him in the special education room at school.

Nothing is ever going to change. No one cares that he's tried to learn to control himself, and the girl he likes has no idea who he really is. Everyone's just waiting for him to snap...and he's starting to feel dangerously close to doing just that.

